

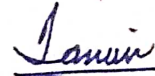
Government Unani Medical College & Associated Hospital Ganderbal Kashmir
Email: noumck@gmail.com Cell No: 9149445749

Subject: Induction Programme and Transitional Curriculum of 15 days for BUMS 1st Year Students Batch-2022-23

No:GUMC/PS/2023/ 2786- 2803

Date : 20-02-2023

Pursuant to the academic calendar for Unani UG programme for the session 2022-23 framed by National Commission for Indian System of Medicine New Delhi all the newly enrolled students are hereby directed to attend transitional classes of 15 days duration at GUMC Ganderbal as per the schedule (Annexure enclosed)



Principal

Government Unani Medical College
Ganderbal Kashmir

Copy To:

01. Secretary National Commission for Indian System of Medicine New Delhi, Ministry of Ayush Govt for information.
02. Dean Faculty of Unani Medicine, University of Kashmir, Srinagar.
03. Heads of All Departments GUMC Ganderbal for information.
04. Nodal Officer GUMC Ganderbal Kashmir.
05. Incharge Academic Committee GUMC Ganderbal.
06. Incharge Website with request to update the same on official website of the college.
07. Office records.

TRANSITIONAL CURRICULUM

UNANI

Duration :-90 Hours

1 st Day 21-02-23	9 AM – 11 AM	Inaugural Function	College Campus by Administration
	11 AM – 12 PM	Interaction with Parents	College Administration/Faculty
	12 PM – 1 PM	Interaction with students	Faculty Members
	1 PM - 2 PM	Lunch	
	2PM – 3 PM	Uniqueness of Ayurveda/Siddha/SowaRigpa/Unani compared to other systems of Medicine	(ASSU) Dr. Azad Hussain Lone (AP)
	3PM – 4 PM	Language (Arabic)	Mr. Umer Bashir(Lect.)
2 nd day 22-02-23	9 AM – 10 AM	History, Philosophy and concepts of ASU- Introduction by eminent person.	DR. Mohd Rafi Thokar (AP)
	10 AM – 11 AM	Introduction about Modern Medicine and other systems of Medicine	Dr. Amanullah Haji (AP)
	11 AM – 12 PM	Role of ASU in Public Health and Primary Health Centre	Dr. Amanullah Haji (AP)
	12 PM – 1 PM	Language (Arabic)	Mr. Umer Bashir(Lect.)
	1 PM - 2 PM	Lunch	
	2 PM – 3 PM	Know your institute and department visit	Dr. Arsheed Hussain Shah(AP)
	3 PM – 4 PM	Motivational Lecture including by eminent person of ASU	Resource Person
3 rd & 4 th Day 23-02-23 25-02-23	9 AM – 10 AM	History, Philosophy and concepts of ASU - introduction by eminent person.	DR. Mohd Rafi Thokar (AP)
	10 AM – 11 AM	Recent advances in ASU	Dr Tariq Raheem (AP)
	11 AM – 12 PM	Know Regulatory bodies & Statutory bodies and major AYUSH institutions	Dr Tariq Raheem (AP)
	12 PM – 1 PM	Language Arabic	Mr. Umer Bashir(Lect.)
	1 PM - 2 PM	Lunch	
	2 PM – 3 PM	Know your institute and department visit	Dr. Azad Hussain Lone (AP)
	3 PM – 4 PM	Lecture by eminent person of ASU	DR. Shahida Habib (AP)
5 th & 6 th	9 AM – 10 AM	Language Arabic	Mr. Umer Bashir(Lect.)

Day 27-02-23 28-02-23	10 AM – 11 AM	Clinical exposure	Dr. Azad Hussain Lone (AP)
	11 AM – 12 PM	Role and impact of Physician in the society	Dr. Azad Hussain Lone (AP)
	12 PM – 1 PM	Basics of Akhlaat and Mizaj	Dr. Peer Abdul Wahid (AP)
	1 PM - 2 PM	Lunch	
	2 PM – 4 PM	Skills – Basic Life Support (BLS) and First Aid	Dr. Junaid Nazir Dandroo (AP)
7 th Day 01-03-23	9 AM – 10 AM	Language Arabic	Mr. Umer Bashir(Lect.)
	10 AM – 11 AM	Clinical exposure	Dr. Arsheed Hussain Shah(AP)
	11 AM – 12 PM	Ilmul Nabataat , Madniyaat or Haiwanaat	Dr. Yousuf Saleem (AP)
	12 PM – 1 PM	Professional Medical Ethics	Dr. Arsheed Hussain Shah(AP)
	1 PM - 2 PM	Lunch	
	2 PM – 3 PM	Computer skills	Dr. Mushtaq Ahmad Payer (AP)
	3 PM – 4 PM	Games and sports grouping students and giving tasks	Dr. Mushtaq Ahmad Payer (AP)
8 th & 9 th Day 02-03-23 03-03-23	9 AM – 10 AM	Communicative English	Dr. Shabeer Ahmad Gaffari (Nodal Officer)
	10 AM – 11 AM	Biodiversity and ASU →	Dr. Aasiyul Erum(AP)
	11 AM – 12 PM	Language. Arabic	Mr. Umer Bashir(Lect.)
	12 PM – 1 PM	<u>Yoga (Riyazat) and Meditation</u>	Dr Afroza Rahman/ Dr. Sheikh Mohammad (AP)
	1 PM - 2 PM	Lunch	
	2 PM – 3 PM	Lecture from eminent person in ASU	Resource Person/ Dr. peer Abdul Wahid (AP)
	3 PM – 4 PM	Games and Activities	Dr. Mushtaq Ahmad Payer (AP)
10 th Day 04-03-23	9 AM – 10 AM	Communicative English	Dr. Shabeer Ahmad Gaffari (Nodal Officer)
	10 AM – 11 AM	Know your syllabus, lectures by HoD	Dr. Amanullah Haji (AP)
	11 AM – 12 PM	Language. Arabic	Mr. Umer Bashir(Lect.)
	12 PM – 1 PM	Yoga Practice (Riyazat) and relaxation Techniques	Dr. Sheikh Mohammad (AP)
	1 PM - 2 PM	Lunch	
	2 PM – 3 PM	Computer skills	Dr. Amjad Waheed Yousuf (AP)

	3 PM – 4 PM	Games and Activities Dr. Mushtaq Ahmad Payer (AP)
11 th Day 06-03-23	9 AM – 10 AM	Language Arabic Mr. Umer Bashir(Lect.)
	10 AM – 11 AM	National Health Status, Goals and Policies Dr. Raheela Javaid (AP)
	11 AM – 12 PM	Lecture by eminent Pharmaceutical industrialist/ Researcher/ Educationist etc. Dr Shahida Habib (AP)
	12 PM – 1 PM	Stress management and Capacity building to address medical challenges Dr. Amjad Waheed Yousuf (AP)
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Stress management and Capacity building to address medical challenges Dr. Amjad Waheed Yousuf (AP)
	3 PM – 4 PM	Videos related to AYUSH Dr. Raheela Javaid (AP)
12 th Day 07-03-23	9 AM – 11 AM	Language Arabic Mr. Umer Bashir(Lect.)
	11 AM – 1 PM	Motivational Speech by eminent person of ASU Resource Person/ Dr. Junaid Nazir Dandroo (AP)
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Discussion, debate, Tasks Dr. Raheel Javaid (AP)
	3 PM – 4 PM	Feedback by the students Dr. Azad Hussain Lone (AP)
13 th Day 08-03-23	9 AM – 11 AM	Importance of Diet in ASU Dr Shahida Habib (AP)
	11 AM – 12 PM	Personal Health & Hygiene Dr. Afroza Rehman (AP)
	12 PM - 1 PM	Language Arabic Mr. Umer Bashir(Lect.)
	1 PM – 2 PM	Lunch
	2 PM – 3 PM	Time Management Dr. Junaid Nazir Dandroo (AP)
	3 PM – 4 PM	Biomedical Waste Management Dr. Azad Hussain Lone (AP)
14 th Day 09-03-23	Learning Skills	
	9 AM – 10 AM	Understanding interpersonal relationship in a health care team Dr. Shabeer Ahmad Gaffari (Nodal Officer)
	10 AM – 11 AM	Understanding the role of mentoring Dr. Shabeer Ahmad Gaffari (Nodal Officer)
	11 AM – 1 PM	Comprehend the learning Pedagogy and the role in learning skills Dr. Shabeer Ahmad Gaffari (Nodal Officer)
	1 PM - 2 PM	Lunch
	2 PM – 3 PM	Understanding the process of group learning and group dynamics Dr. Amjad Waheed Yousuf (AP)
	3 PM – 4 PM	Understanding different methods of self learning and collaborative

		learning Dr. Amjad Waheed Yousuf (AP)
15 th Day 10-03-23		Field visit to other institutions, eminent practitioners, AYUSH hospitals /dispensaries, Pharmaceuticals and other institutions Nodal Officer Along with Faculty Members