

Govt. Unani Medical College & Associated Hospital
Ganderbal Kashmir
Department

Details of IEC Activities: (Conferences/ Seminars/ Workshops/ CMEs/TOTs/ ROTPs Awareness Camps)

❖ ***Awareness Camps:*** *For propagation and promotion of AYUSH Systems in General and Unani in particular, various camps have been organized from time to time::*

- 1. Free Hijamah (Cuuping) on MSDs was conducted by the Dept. of IBT in IBT section & about 105 procedures were performed during the camp.*
- 2. Screening camp on Ano-rectal disorders was conducted within the hospital premises by the Dept. of Jarahat & about 85 patients were screened.*
- 3. One School Health Check up was conducted by the Dept. of PSM & Pediatrics & about 125 children were screened during the camp.*

❖ ***Seminars conducted/ Attended (Presentations)”***

- 1. Department of Ilmul Advia in collaboration with Dept. of Saidla conducted a Short Seminar on Herbal Remedies & Life style disorders in which various faculty members delivered their presentations.*
- 2. Dr. Azad Lone, Dept. of Dermatology attended two days seminar organized by Central University Kashmir & presented a paper on Role of Unani Medicine in Drug De-Addiction .*
- 3. Dr. Amjad Waheed, Dept. of Pediatrics attended a seminar organized by ADMO Sgr & presented a paper on Role of Leeh Therapy in Arthritis.*
- 4. Dr. Azad Lone, Dept. of Dermatology attended a seminar organized by ADMO Sgr & presented a paper on Role of Unani Medicine in Obesity.*
- 5. Dr. Sheikh Mohammad , Dept. of IBT attended a seminar organized by ADMO Sgr & presented a paper on Role of IBT in MSDs..*
- 6. Dr. Azad Lone, Dept.of Dermatology attended a seminar organized by Nodal officer Bandipora & presented a paper on Concept and Management of life style disorders in Unani Medicine .*
- 7. Dr. Mohd Rafi Thoker delivered a lecture on “ Unani Pharmacopoeal Drugs & Scope for Redesigning of Dosage Forms”.*

❖ ***Conferences/ Seminars:***

Celebration of International Day of Yoga 2021:

GUMC Ganderbal under the mentorship of worthy principal Prof. Samia Rashid in Collaboration with Directorate of Ayush J&K under the supervision of worthy Director Ayush Dr. Mohan Singh celebrated International Day of Yoga 2021 with the theme “ Yoga For wellness” successfully by observing yoga week w.e.f 17-06-2021 to 21-06-2021 to highlight the importance of Yoga and its incredible benefits for promotion of health and prevention of diseases. Various activities were conducted including awareness camps, demonstrations, poster

presentations, pannel discussions, presentation, guest lectures etc in accordance with COVID-19 SOPs and guide”lines.

Workshop on Medicinal Plants:

In view of celebration of “AZADI KA AMRIT MAHOTSAV” GUMC Ganderbal under the mentorship of worthy principal Prof. Samia Rashid in Colloboration with Dircectorate of Ayush J&K under the supervision of worthy Diretor Ayush Dr. Mohan Singh organized one day Capacity Building programm for potential Farmers/Growers of Medicinal Plants for promotion and Cultivation of Medicinal Plants under “Ayush Aap Ke Dwar” on 22-10-2021 at Conference Hall of Govt. Unani Medical College and Hospital Ganderbal Kashmir. The chief guest of the event was Dr. Munjpara Mahendrabhai, Hon’ble Minister of State , Ministry of Women & Child Development & Minister of State , Ministry of Ayush Govt. of India.